

## 14 Day Learn to Surf

The 14 Day surf course is an in-depth learn to surf course for those who not only want to stand up and learn the basics, but for those who want to get the feeling of riding waves, becoming critical with their surfing technique while testing a range of boards and styles as well as living the life of a surfer. Choosing this package will have you complete our Surf Camp with the obvious addition of another 7 night accommodation and 5 days of surf lessons. You can have the weekend in between to enjoy the local area, surf as much as you want or even take a short train ride up to Sydney for a night on the dance floor. When your second week commences, be prepared for some serious surfing, getting technical about your style and pushing your level even higher. This is the perfect way to start your surfing dream.

### **What's included**

- 14 nights accommodation in bright clean beachside Motel
- 10 days of surfing lessons (18 in-water sessions, daily video correction)
- board/wetsuit hire before and after sessions included
- choice of 3 different surfing locations
- visit to a working surf board factory
- 2 afternoon tourism activity
- daily continental breakfast included
- Free Friday night BBQ and Presentation
- Hat and T-shirt

### **Itinerary**

#### Monday:

Clients will meet in the Recreation room of the Surf Lodge at 9am. Here everyone will be briefed on what is happening over the coming week, introduced to the Surf Academy team and specifically their level 2 Surf Guide for the week. Students will then go for their first surf lesson of the week. After the lesson everyone will go for lunch either at the beach or back at the motel depending on which beach has the best conditions that day. After lunch students will go for their second lesson. Everyone will be finished by 5 o'clock and go back to the Surf Lodge for an afternoon debrief with their coach. Level 2 students will more than likely go through some video footage of the days surfing with their coach.

#### Tuesday, Wednesday & Thursday:

For level 2 students, the itinerary will be 2 sessions per day with their Surf Instructor based on conditions and may involve 3 consecutive day trips or two lessons closer to the Surf Academy. There will be more focus on daily video correction as part of the program. Students staying on for the 4 week, 8 week or 12 week Surf College program will have an opportunity to speak to a shaper about shaping their own surf board.

Friday:

Students will have 2 lessons of surfing today split by lunch. The evening consists of the famous BBQ and presentation dinner. Students will be presented with certificates of attainment by their coaches. They will also get an opportunity to watch the photos of themselves and a video of the week. The Friday night end of week party begins!!

Saturday or Sunday:

Check-out Days for those completing the 7 and 14 day course. Clients will be driven to the train station or bus stop of wherever they are going from Thirroul. Clients staying on for the Surf College program have Saturday and Sunday to sleep, surf or enjoy the area or go up to Sydney if they want.